



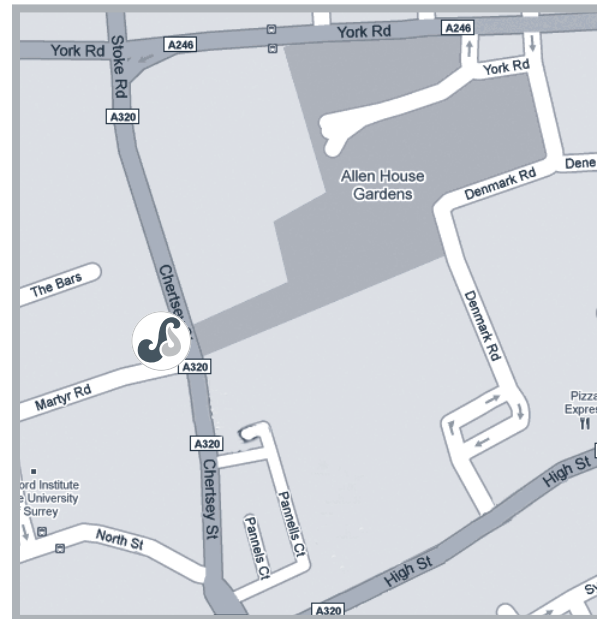
Please visit our website [www.specialistdental.co.uk](http://www.specialistdental.co.uk)  
for further details about orthodontic treatment

### OUR OPENING HOURS:

9:00am to 5:00pm Monday, Tuesday, Thursday & Friday

9.30am to 5.30pm Wednesday

Closed on Sundays and Bank Holidays



### ABOUT SPECIALIST DENTAL

We are a multi-disciplinary specialist dental practice in Guildford. All specialist dentists are registered specialists in their fields with the dental governing body (GDC), who have had formal post-graduate training, education and continuous professional development. They regularly attend conferences nationally and internationally in their specialist fields to deliver the best possible treatments. We have been established for over 20 years and have accepted referrals from general dentists in the surrounding area for over 15 years.



All orthodontic treatment is carried out by our Specialist Orthodontists. Dr Sarah Burns, who is a registered specialist with the GDC, is also a member of The British Orthodontic Society and a Fellow of The Royal College of Surgeons of England. All of our Specialist Orthodontists use the latest equipment and the highest quality materials to achieve optimum success.

### WHAT YOU CAN EXPECT FROM US

At Specialist Dental we are committed to providing you with the highest levels of customer care using the most advanced techniques in our modern state-of-the-art practice. At your first appointment we will take the time to get to know you, find out what your concerns are and how we can help you. We will carry out a thorough examination of your teeth, gums and smile. Following the examination, we will provide you with a personalised treatment plan that suits your needs.

*Specialist Expertise  
& Experience*



SPECIALIST  
DENTAL

SPECIALIST DENTAL.

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orthodontics  
tooth straightening



SPECIALIST  
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## WHAT IS ORTHODONTIC TREATMENT?

Orthodontic treatment is a way of straightening or moving teeth, to improve the appearance of the teeth and how they work. It can also help to look after the long-term health of the teeth, gums and jaw joints, by spreading the biting pressure over all the teeth.

## WHAT IS THE RIGHT AGE TO START ORTHODONTIC TREATMENT?

Orthodontic treatment is generally best carried out in children, but adults can have orthodontic treatment too. Age is less important than having the correct number of teeth. In children it may be necessary to wait for enough teeth to come through before starting treatment. Early examination allows the orthodontist to detect and evaluate problems and plan appropriate treatment. In the past, orthodontic treatment was generally restricted to children. However, the basic process involved in moving teeth is the same at any age and orthodontic treatment is also successful for adults.

## HOW DO I GO ABOUT GETTING ORTHODONTIC TREATMENT?

The first thing to do is to go along to your own dentist and get his or her advice. Your dentist will know whether you need treatment and make the necessary arrangements.

## WHO WILL CARRY OUT MY ORTHODONTIC TREATMENT?

A highly skilled and trained Specialist Orthodontist will carry out your treatment. Because they specialise in this important area you will receive the very best treatment and care.

## HOW LONG DOES TREATMENT TAKE?

Treatment usually takes 12 - 24 months but will vary according to how severe your case is. Failed and cancelled appointments or repeated breakages of the brace will add to the overall treatment time.

## HOW SUCCESSFUL IS ORTHODONTIC TREATMENT?

This very much depends on your commitment to the treatment. As a general rule, patients who co-operate well with treatment get good results, whilst those who do not co-operate well, get poor results. Unless retainers are worn in the longer term some settling and growth changes may occur after treatment.

## IS IT ALWAYS POSSIBLE TO HAVE BRACES AS AN ADULT?

Age is not necessarily a limiting factor. It more often depends on the type of bite you have, the position of your teeth and the condition of both your teeth and gums.

For instance if you have active gum disease, it is important this is brought under control before having a brace.

## TOOTH STRAIGHTENING OPTIONS

The most up-to-date tooth straightening treatments are now available to you. Knowing that you may want alternatives to wearing conventional metal braces to straighten your teeth, we can offer a variety of cosmetic orthodontic appliances to help you achieve a beautiful and natural smile.

### *These cosmetic treatments include:*

- Tooth coloured and transparent brackets
- Practically invisible Invisalign® appliances
- Lingual appliances including Incognito®
- Metal brackets that work faster than traditional braces

## CERAMIC BRACKETS

Ceramic brackets will give you a lot to smile about, a comfortable, sculptured design, an attractive, translucent appearance and perhaps best of all, the self-confidence that comes from wearing brackets that look as good as they perform. The self-ligating braces are designed to help your teeth move faster, have an open design to help maintain good dental hygiene and best of all your overall treatment time may be shortened.



## INCOGNITO®

Anybody looking for a discreet way to straighten their teeth should consider Incognito® braces, a first-class treatment using a fixed brace placed on the inside of the teeth. From the outside it is virtually invisible allowing you to get the smile you have always wanted without anyone noticing you are wearing braces. All types of misaligned teeth can be treated with incognito® braces with lasting predictable and reliable results.



## INVISALIGN®

If you want a more modern, practically invisible way of tooth straightening, Invisalign® is the answer. These braces are virtually unnoticeable when worn and the results are amazing! Invisalign® is a series of custom-made, nearly undetectable aligners that have been proven effective in both clinical research and in practices worldwide. So whether your teeth are crowded or have shifted since previously wearing braces, you'll have a new reason to smile.